

Healthy Eating Award

The Healthy Eating Award is a nationally recognised scheme supported by the Health Education Council and the Chartered Institute of Environmental Health, with the purpose of reducing coronary heart disease and encouraging caterers to promote good health.



To achieve a Health Eating Award within our school environments, we must ensure that:

- One third of dishes offered are healthy (ie. Low in saturated fats, salt and sugar)
- We extend the focus on healthy eating to cooking methods and servings
- Our premises comply with food safety law
- All food handlers have received training in food hygiene
- The company's health, safety and welfare standards meet the requirements of environmental health officials